

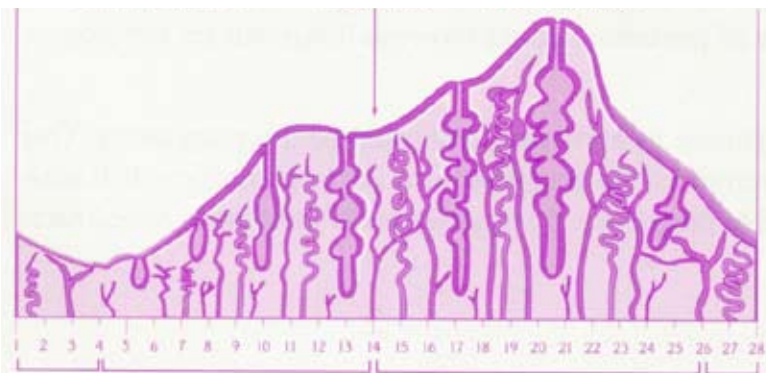


Progesterone Suppositories

Follicular phase

Ovulation

Luteal phase



Menstrual
phase

Proliferative
phase

Secretory
phase

Premenstrual
phase

Progesterone, a steroid hormone produced by the ovaries, is normally elevated in the second half of the cycle, in response to mid-cycle LH exposure. Progesterone is necessary to support the endometrial lining of the uterus, keeping it receptive to any embryos that may develop.

You have been prescribed Progesterone suppositories;

- You will be asked to take the suppositories, vaginally, twice a day ,morning and evening.
- After insertion, lie down for approximately 20 minutes to aid absorption of the progesterone.
- You may experience some vaginal discharge from the suppositories and may need to use a panty liner.
- You may experience some vaginal spotting near the completion of your course of suppositories. It is very important to continue taking your progesterone suppositories, until told to stop.